

Jefferson County Girls Basketball League

2017-2018 Rules for 8-10 Year Old Girls

(Except for the following, KHSAA Rules prevail)

1. Each game will consist of four (4) quarters of six (6) minutes each
 - a. Clock stops for dead ball situations, including: fouls, time outs, free throws, or an injured player, etc...
 - b. There will be one (1) min. between quarters, and five (5) min. for half time.
2. Each team is allowed four (4) Timeouts per game. Timeouts do not carry over to overtime
3. Overtime, If needed, will be two (2) min. with one (1) Timeout per overtime period
4. Free throw line will be no closer than twelve (12) feet from the backboard.
5. Lane violation will be five (5) seconds for the entire game.
6. Three point shot will be allowed.
7. Defense will not start until the ball crosses the mid court- line for the first three (3) quarters, and first three minutes of the fourth quarter. Full court press will only be allowed the last three (3) minutes of the fourth (4th) quarter. Man to Man, or Zone defense will be allowed.
 - a. Double teaming, and/or Trapping will **NOT** be allowed outside the three point line until the last three minutes of the (4th) fourth quarter.
 - b. If a team has a ten (10) point lead, press must stop until the lead falls below ten points.
8. Playing Time and substitution Rules:
 - a. Every player must play one full quarter start to finish in the first half, and every player must sit one full quarter start to finish during the game. In addition, every player must play a minimum of three (3) minutes in the second half. ****Note-** There will be open substitution with 6 or less players.
 - b. If a player leaves the floor for an injury, or any other reason and play resumes, that player must reenter the game within one (1) minute if substitution requirements have not been met... If there is no dead ball situation prior to one minute, the team will be forced to use a time out, or that player will still need to sit, and play an entire quarter.
 - c. Teams must have five (5) players present at the start of the game or the game will be recorded as a forfeit. A ten (10) minute grace period will be allowed.
 - d. If a player arrives after the first quarter has ended, the minimum playing time will not be enforced for that player. Coach is to use their discretion in this situation.
9. Proper Attire- Team Jersey and Black shorts should be worn during all games
 - a. No Jewelry of any kind will be permitted.
 - b. Head bands, pony tail holders, etc... Must have no metal parts.
 - c. Knee, elbow, or wrist braces will be permitted a long as no metal parts exposed.
10. Team lineups listing all players and indicating the starting five must be turned into the scorer's table ten (10) min. prior to scheduled game time.